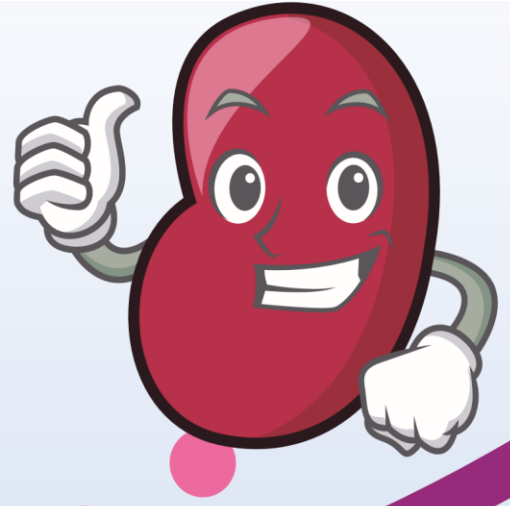


FULL OF BEANS



A free programme for children aged 18 months - 5 years and their families!

Take part in fun sport sessions whilst learning handy tips on topics such as healthy eating and fussy eaters.

For more information contact: tanya.o'hara@southlanarkshireleisure.co.uk

Timetable

Carlisle Leisure Centre	Tuesdays	10:00-11:00
John Wrights Sports Centre	Tuesdays	10:30-11:30
Fernhill Community Centre	Wednesdays	12:00-13:00
Larkhall Leisure Centre	Thursdays	11:00-12:00
Fairhill Lifestyles	Fridays	10:00-11:00

*All classes start week beginning 7 February for 6 weeks

To book your place, please complete the short registration form using the QR code below:

